





OUR OASIS FAMILY

How we all fit together

BY LISA BELL

We are a closely-knit family, here at the Oasis Retirement Resort, and we pride ourselves on working together on all levels, every team player contributing their uniqueness to the puzzle. The quote says so much about our fantastic team.

While we know how our puzzle pieces fit together, we do appreciate that the Residents may not. So, if you are interested, take a read of just how we manage to serve you as best we can, and why Oasis is the success it is today.

THE ORPOA BOARD

For a large resort such as the Oasis Retirement Resort, it is essential that we have a strong board to oversee all functionalities. In step the Oasis Resort Property Owners' Association. A Director representing each Body Corporate is elected from among the Trustees (Oasis Body Corporate has two Directors) and the Care Centre who contribute significantly to ORPOA levies are also represented by one Director. They are responsible for strategy,

governance, and oversight of the Oasis Resort. Each Oasis Resort property owner is automatically a member of the Property Owners' Association.

THE BODY CORPORATES

There are five Bodies Corporates, with Palm Springs and Grove joined to form Oasis Body Corporate and the four remaining blocks forming individual bodies. Trustees are elected annually and meet regularly, acting according to and within Sectional Title legislation.

THE OWNERS

Individuals and Trusts who own property on a sectional title basis are considered Owners. They are responsible for maintenance and repairs within their sectional title unit and for paying levies for upkeep, repairs, and maintenance of the common areas of each apartment block. Most Owners reside at Oasis, but some owners choose to lease their apartments.

"Teamwork is the ability to work together toward a common vision. The ability to direct individual accomplishments toward organisational objectives. It is the fuel that allows common people to attain uncommon results."

--Andrew Carnegie

THE TENANTS

Tenants are leaseholders who have contracts with non-resident owners, usually for a year and longer. Rentals include levies but utilities are charged separately. Repairs and maintenance of the apartment are generally for the owner's costs and arranged through the property agents.

THE PROPERTY AGENTS ONSITE

The onsite property agents, Cindy, Lorenda and Linda, market properties for sale and rent on the Oasis Estate on behalf of Oasis Apartment Sales (Pty) Ltd. Owen Futeran is the Director of the Agency. They are also the liaison between tenants and owners in certain instances.

THE MANAGING AGENTS

Property Café are the managing agents for ORPOA and the five body corporates. Their portfolio is financial and secretarial, ranging from levy accounts to production

of meeting minutes. Julio da Silva is the Director of Property Café and Isabel van der Walt processes Residents' accounts.

ONSITE MANAGEMENT TEAM

The onsite management team is responsible for the day-to-day operations within the Resort, including security, grounds, the Clubhouse, and restaurant. The team arranges cleaning and maintenance of the common areas of the resort and apartment blocks, and are also able to recommend contractors for maintenance within your apartments.

THE CARE CENTRE

Oasis Care Centre is a separate entity from ORPOA and offers Primary Health Care to Apartment Residents on behalf of the developers in perpetuity in accordance with the Apartment

Deeds of Sale.

There is an onsite clinic within the Resort for health checks, dressings, etc. and the Primary Health Care Team provides additional support to those who require monitoring, hospital admission etc. Emergency call outs to Apartments fall under Primary Health Care but after hours this is directly via the Care Centre.

The Care Centre also provides Physical Rehabilitation and three phases of long term care, i.e. Assisted Living, Frail Care and Alzheimer's/Dementia care. The Care Centre has various accreditations and affiliations including Board of Health Funders of South Africa, Discovery CCP scheme for categories of high risk patients, Department of Health and Department of Social Development.

THE CONTRACTORS

The contractors working on the Estate are independent persons and companies, but are required to work according to Oasis standards and rules. They are closely monitored by the Oasis Onsite Management Team and employees. It is important to note that any alterations to apartments may need approval which can be submitted to the Onsite Management Team.

THE VISITORS

Friends and family are welcomed visitors to the Resort. While on the Estate they need to follow the same conduct rules as Residents, both within apartments, in the common areas and when using the facilities.

THE EMPLOYEES

Oasis Resort employs over 60 people, including Concierge, Garden and Clubhouse staff. An HR system is in place, consisting of policies covering all aspects of employment, from recruitment to disciplinary processes.

THE REGULATORY BODIES

There are many regulations related to the management of Oasis, including by-laws, liquor laws, health and safety, food safety, private security, and employment acts. There are annual renewals and regular inspections to ensure that Oasis is in good standing with these bodies.

We hope you are now more in-the-know and should you have any questions, please do reach out to our Onsite Management Team.



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AND ACCOMMODATION SERVICES

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Beautifully Landscaped Gardens
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2 BEDS · 2 BATHS

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Visit: satoristays.co.za

From the Manager's Desk

BY KAREN RAE

Dear Residents

THE CLUBHOUSE VIBE IS BACK!

It was always sad to see the Clubhouse so empty during lockdown, and now it is an incredible sight to see Residents returning for coffee, eats and socialising.

Again, our thanks for all your assistance and cooperation during the more challenging lockdown periods; together, we kept each other safe.

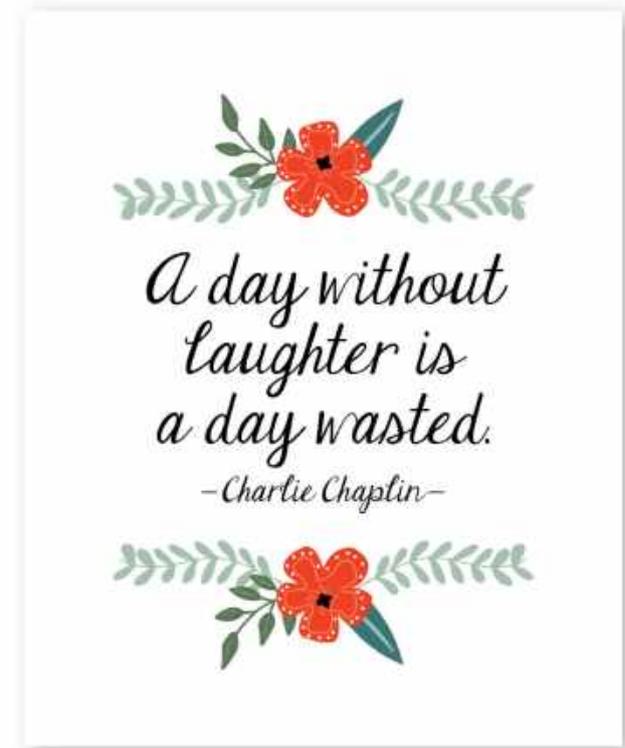
A safer 'slowly but surely' approach to opening up again has been taken to try to prevent cross-infection cases, but with infection rates in the Western Cape decreasing rapidly, apart from masks, sanitising, and some distancing, it is looking like we are almost back to normal.

PROJECTS FOR 2020

The three larger Resort projects scheduled for this financial year are all underway and should be complete by the end of October. The Palm Springs pond is now empty, and the rebuild will start this week with, weather permitting, completion of the project by the end of September. At the same time, the berm landscaping will be rejuvenated as planting season starts.

The Terrace/Clubhouse wind lobby design and planning is complete, and installation is expected to start before the end of September, and before the South Easter arrives.

The pool heating equipment project is also due, with building works this month and the installation of the new heating units scheduled for during October. Two new reliable and energy-efficient heating units will be installed behind the pool area outside to stop the equipment overheating as it



brings the pool water to a constant temperature.

All projects have oversight by one or more Directors/ Trustees who deserve thanks for using their time and skills for the benefit of the Oasis community.

KEEP A LOOKOUT FOR WHAT'S HAPPENING

As the social calendar expands and activities increase, keep watching the daily updates and calendar for what's happening within the Resort. Evening drinks are becoming more popular, and as the warmer evenings arrive this should attract even more Residents.

Dancing and exercising are happening again, and it is hoped that the pool and gym will be operational by the time this Nexus is distributed.

During the difficult times of the last months, it was sometimes hard to imagine that Oasis would ever come back to what it was.

But it's almost there – Enjoy! Enjoy!
And, see you soon ...

Yours sincerely

Karen Rae

2020/2021

ORPOA BOARD OF DIRECTORS

In the Nexus archives, the front cover of the March 2019 edition gives details of the first post-developer Oasis Retirement Resort Property Owners' Association Board. Now, eighteen months on, the second Board is forming, under very different conditions, with some familiar and new faces.

Within this group are some impressive and valuable skills which will be used to create strategy, and provide governance and oversight for the management of the Oasis Resort Community. All good wishes to the Directors for the year ahead and thanks to each of you for volunteering your time in these important roles. Sincere thanks to the outgoing Chairman and Directors, Mr Ron O'Brien, Mrs Sham Moodliar and Mr John Perryman.

During their time as Directors their valuable and constructive contributions were felt in many ways. Ron O'Brien led the Oasis Board in to the post-developer period with wisdom and courtesy, facilitating a smooth change over to a self-governing community.

Recently elected via Zoom meetings are:

- **Palm Springs** - Mr Dudley Boyd
 - Alternate Director – Mrs Liz Porter
- **Palm Grove** – Mr Charles Kilner
 - Alternate Director – Dr Richard Maske
- **Palm Royale** - Mr Tom Knight (ORPOA Board Chairman)
 - Alternate Director – Mr Hein Benz
- **Palme d'Or** – Mr Frank Kerbel
 - Alternate Director – Mrs Debbie Adams
- **Palm Brook** – Mr Joe Franco (ORPOA Board Vice-Chairman)
 - Alternate Director – Mr Dennis Richie
- **Palme Vue** - Mr David Bloomberg
 - Alternate Director – Mrs Brenda Preston
- Oasis Care Centre – Mr Owen Futeran
 - Alternate Director – Mr Marc Cohen

Chantell Young Sports & Therapeutic Massage Therapist



About myself:

I have extensive experience working on International Passenger Cruise Ships in 5 Star SPA environments where the majority of my clients were senior adults suffering from a variety of health issues. My focus is to help you relieve your pain, reduce muscle tension and strain, increase mobility, improve circulation and breakdown scar tissue.

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60 min
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R550

For appointments contact:



(+27) 84 580 1374



chantieyoung@hotmail.com



William's Words

BY WILLIAM MCMURTRIE

The first day of Spring was one of the coldest yet, but I think winter is determined to get our dams full, so not complaining. ☺

We went to visit the SOC and must say that we were very impressed by the CCTV coverage of our perimeter fence and the rest of Century City. The responses to alarms from the SOC and the staff here at Oasis have been excellent. Quantum and Securitas have done a fine job in getting us connected, and we appreciate all their efforts. This is technology at its best.

Level 2 of lockdown has been great, as it is nice to see people venturing out, having meals at the Clubhouse and just seeing more smiles in general. The overall recovery rate for the COVID-19 was nearing 88% the last time I heard, which means we haven't done badly at all. However, our hearts go out to those who have been adversely affected, both emotionally and financially. The impact for many has been devastating, and the country needs to recover.

Load Shedding is part of our lives again, jumping from stage to stage. No load shedding is good, but I think for those of us that work daily, the worse time for outages is between 6 pm and 8 pm when we look forward to that first cup of tea or coffee at home. Residents at Oasis are blessed with backup generators, which ensures that some emergency lights, plugs in the passages and lifts work. The lifts are serviced monthly, and we keep the diesel topped up, so it goes well at Oasis most of the time, or so we hope!

We finally concluded the panic button project and I ask that Residents check the buttons via the Concierges regularly. The thing about a panic button is we never know when it will be needed.

By now everyone knows that Karen will be leaving Oasis in a month or two, to be near her family, which we understand. We will certainly miss her loads and we appreciate all that she has done for Oasis and us (Thank You, Karen!). We grew into a formidable team, and we appreciate the time we got to spend with her. I think the overall Oasis COVID-19 statistics had loads to do with Karen's determination and drive in getting everyone (including me ☺), safely to the "other side".

Live your life with purpose.

Focus on your blessings, not your misfortunes. Focus on your strengths, not your weaknesses. Be yourself and don't wait for the approval of others. But most importantly, have a positive and humble mindset no matter what situation you are in. Count your blessings, not your problems, and you will realize how beautiful your life truly is.

- TROY ANDRAHL



News from the Sales Office

WITH REGARDS FROM CINDY SHEARD, LINDA BUTLER & LORENDA GERRYTS

We are working hard at our social media campaign along with a professional company who are assisting us in exposing the Oasis Retirement Resort brand to a much broader audience in this global and connected world. This campaign will assist in creating more awareness of Oasis and will drive more traffic to our website, which will, in turn, hopefully increase overall sales and rentals. A strong online presence these days is imperative for effective marketing.

For those of you who follow us on Facebook and Instagram, will have noticed an increase in postings regarding the day to day life and happenings at Oasis Retirement Resort appearing on these two platforms.

We plan to post regular interesting content regarding The Oasis, allowing our followers to be a part of and to get a real feel of what The Oasis offers the Residents. We will be showing off the apartments we have for sale and rent as well as concentrating on the surroundings that so many people have yet to see such as the beautifully landscaped gardens and clubhouse facilities, plus social happenings, interesting news, calendar events and much more.

We will work closely with management to make sure we cover any exciting

events happening in the resort.

Please encourage your children, family members and friends to follow the social media platforms, allowing them to become a part of the Oasis lifestyle. This is a wonderful opportunity for those who have loved ones and friends living overseas too.

To enable us to reach a broader market, we ask that you share these postings to your networks and that you press the "like" button which is normally in the shape of a thumbs-up sign or a heart. We would really appreciate it if you would assist us in these small ways to spread the Oasis brand far and wide!

Should you need help with logging on to these platforms, please let us know, and we will endeavour to assist you. We look forward to more of you being members of both Facebook and Instagram and to have you following our pages.

The sales office is coming back to life, and although we are still only on-site by appointment, there is usually one sales agent in the office each day.



We are currently working on the sale of a two-bedroom apartment and two new rental leases. We are swamped signing up a number of lease renewals, and this must be a sure signal that once you move in, you never want to leave The Oasis!

We are positive about the future and so proud of the way Oasis has managed this pandemic. Thank you one and all for being good friends and neighbours, for keeping your distance, and wearing your masks and sanitising. Don't relax on any of the above. We want you all to remain fit and healthy!



Log onto **Facebook**
Search for...

OASIS RETIREMENT RESORT
(click on the magnifying glass and type it in the bar)

When you find it, click on the blue thumbs-up sign to like the page. This will now make you a follower of the page, and all our postings will appear whenever you log onto Facebook;

When a post appears on your FB page, enjoy reading the latest news and if you would like to spread the news, please click on the thumbs up icon to like it and then click on the "share" button to share it with all your friends so that they can see the post as well.



Click on your **Instagram** icon
Click on the magnifying glass or Search button
Type in **OASIS RETIREMENT RESORT**
Click on "follow"
You will now receive all the posts automatically whenever a new one is posted
You can click on the heart to "like" the post
You can click on the paper aeroplane to share the post to anyone that follows you

Care Centre & Primary Health Services available under COVID 19 Stage 2 Lockdown

BY SR DENEIL LEHMANN

Our Rehab and limited Home Care are up and running again, with COVID-19 precautions in place.

If you wish to arrange 12-hours or 24-hours Homecare shifts, please contact Sr Lehman who will then organise a meeting with herself and Staff Nurse Glynn. **The Primary Health/Home Care Office number is 021 007 3495.** We will ONLY be offering 12 and 24-hour care at this stage.

The Primary Health Clinic is available to all Residents. It is open Monday to Friday by appointment only, and the **clinic phone number is 5115 or 021 250 0952.** Any messages left on this phone number will only be retrieved during clinic hours, i.e. 8 am to 2 pm. Please note that a COVID-19 screening will be done telephonically before confirming the appointment. If you are presenting with flu-like symptoms, you will be advised to isolate and to contact your attending Doctor.

The Primary Health Care Team will visit you in your apartment ONLY if you are unable to come down to the Clinic for medical reasons. A telephonic COVID-19 screening will also apply prior to such visit.

The PHC Clinic provides various services such as Blood Pressure testing, Blood Glucose Testing, Cholesterol testing, Urinalysis, Wound dressings etc. These services are free unless it is an ongoing process or treatment, in which case we will ask you to bring your own supplies, such as Opsite, Inadine, etc.

The Care Centre is not available for any services, other than emergencies, outside of the Primary Health Care Hours during the week.

Please note the Care Centre 'Emergency bed is not yet available under COVID-19 Precautions.

Thank you for your understanding.

CARE CENTRE PHYSICAL REHABILITATION UNIT

Please inform the PHC team if you have a planned hospital admission. This will enable the PHC team to inform the Care Centre Rehab Team regarding a possible Rehab admission at the Care Centre and/or to assist with a needs assessment and provision of possible support on discharge.

The Physical Rehab Patient Care Co-ordinator and Care Centre team will liaise with your Doctor to ascertain whether rehab admission will be required. In order to be admitted to the Rehabilitation unit, an **Admission Form** needs to be completed by the attending Doctor. Once the Care Centre team has received such Admission Form, same will be sent off for Medical Aid consideration. This can take up to three working days, so the process needs to be initiated timeously. The Medical Aid will not grant authorisation if you go home first or pay privately first. You have to go from the Hospital directly to the Rehab unit. Please note that the Care Centre cannot admit a rehab patient unless the correct procedure has been followed.

Please note that the Care Centre rehab team will require a COVID-19 test to be completed 72 hours before admission to the Care Centre. A person considered to be actively shedding virus will not be considered for admission.

We have made a few changes to ensure the safety of those in our care, namely :

- The entrance to the Rehab is now through the back entrance door;
- No visitors are currently allowed;
- There is now a door dividing the Frail Care from the Rehab, so the Rehab is an isolated section with minimal interdepartmental movement.

The Care Centre currently has several beautiful units available in all phases of Long Term Care. Please do not hesitate to contact Lizzie Brynard-Brill or Laaiqah Veenendal on 021 528 7301 should you require any further information.

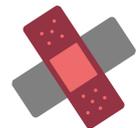
Please cut out and keep this information in a prominent place in your apartment for easy access

MEDICAL EMERGENCIES

- **If you have an emergency during Primary Health care working hours**, please phone **063 793 3273** and the Primary Health Care Team will respond. Please be aware that, if possible, you will have to answer a COVID-19 questionnaire to make sure it is safe for our staff to attend to you;
- **If you have a medical emergency after hours or on a Public Holiday**, please phone the Care Centre on **021 528 7301 or 1001/1008** and the Care Centre nursing staff will respond. Please allow at least 15 minutes for our staff member/s to get to you. And, please be aware that you will have to answer a COVID-19 questionnaire, if you can, to make sure that it is safe for our staff to attend to you without possible exposure to the virus;
- If you are experiencing an emergency, but you are COVID-19 positive and in isolation, please phone our attending Doctor or emergency service immediately. For the safety of the vulnerable Residents in the Care Centre, our staff will not be able to attend to you, but we will be able to assist telephonically with arranging support or emergency services if need be;
- You need to please be clear when giving your name, apartment number and a brief description of the emergency;
- Please, only phone in case of a real emergency so as to lessen the risk of exposure for you as well as the Care Centre staff;
- Please note that **should you suspect a dire emergency, e.g. heart attack, stroke, excessive bleeding or head Injury, phone the Emergency Services / Ambulance ER 24 (084 124) before** phoning the Primary Health Care team or Care Centre. This will save precious time;

ER 24 call 084 124 ■ NetCare call 082 911

- Do not call the concierges in an emergency for nursing assistance such as lifting after a fall. Concierges are not trained for nursing observations and care and may inadvertently do more harm than good.



We will continue to update you on any changes in clinic hours, task allocation and any other requirements for the Primary Health and/or Care Centre.

Oasis Rainfall Corner

READINGS KINDLY SUPPLIED BY TONY ROSS OF PALME D'OR 901



MONTH	2020	2020	2019	2019	L/T AVE	L/T AVE
	mm's	YTD	mm's	YTD	MONTH	YTD
▪ January	2.1	2.1	2.1	2.1	15.0	15.0
▪ February	4.9	7.0	6.0	8.1	17.0	32.0
▪ March	17.1	24.1	29.9	38.0	20.0	52.0
▪ April	3.0	27.1	27.0	65.0	41.0	93.0
▪ May	42.8	69.9	31.5	96.5	69.0	162.0
▪ June	92.8	162.7	105.8	202.5	93.0	255.0
▪ July	94.2	256.9	59.7	262.0	82.0	337.0
▪ August			40.8	302.8	77.0	414.0
▪ September			20.0	322.8	40.0	454.0
▪ October			103.9	426.7	30.0	484.0
▪ November			2.8	429.5	14.0	498.0
▪ December			16.8	443.5	17.0	515.0

RECYCLE

BULLETIN #6 : PUTTING OUR ORGANIC WASTE TO WORK

BY THE GREENING TEAM AT OASIS

Can you look young people in the eye and say that you're doing your level best to help preserve our already-damaged world for their future? If not, you can start right here:

- The big blue bin for depositing organic waste is in the utility room behind the Clubhouse kitchen, opposite Palm Grove, and already in constant use by Oasis cooks, gardeners and dedicated recyclers. Look for the door marked REFUSE, which is secured with a hook and open from 9am to 4pm on weekdays.
- Use a lidded enamel or plastic container (e.g. for ice cream) or a small pedal bin with a plastic inner for your kitchen waste. A good idea is to put a thin folded-to-fit layer of newspaper (which is

- of organic origin) at the bottom of your container so it empties easily into the big bin.
- Once the container is full, it's a short walk to the utility room to add your contribution to the rich, soil-enhancing compost being created by YWaste, a thriving enterprise that collects from many Cape Town restaurants, supermarkets and some of its major hotels. Here's a link to YWaste to see how it's done www.ywaste.co.za.

ADVANTAGES OF ORGANICS RECYCLING

- No rotting smells in your main waste bin
- Along with recycling, it greatly reduces the waste going to the dumps

- Both of these actions are simple and easy ways of doing good

WHAT TO ADD TO YOUR ORGANICS BIN

- Fruit and vegetable peels, including grapefruit halves
- Fruit stones and pips
- Salad leavings, food scraps, and leftovers
- Bread crusts
- Discarded skin, fat and bones
- Eggshell
- Dead flowers (cut long stems shorter)
- In fact, anything organic

You will be amazed at how quickly your container fills up for a walk to the big blue bin – and how much less waste goes into your main bin. So, let's get going!



Sable Corner Rabie's latest prime grade office building, Sable Corner, is complete and ready to welcome new tenants. The beautiful curved façade is adding another great looking building to the Century City skyline. *Evening shot taken by Divan du Plessis.*



Century City on the grow

BY NATALIE DU PREEZ
RABIE PROPERTY GROUP

CENTURY VILLAGE CELEBRATES ITS FIRST BIRTHDAY

On a cold winter's morning on 25 July 2019, the first Spar in Century City opened their doors to its first customers and since then, has steadily become a firm favourite for fresh groceries, necessities, and great take-away options. For seasoned Spar franchisees, father and son team Henry and Jonathan Barnes, this gourmet store is their second outlet, after the very successful Bothasig Spar.

Other tenants started trading from 01 August 2019 onwards and have grown into Century City institutions over the last year. With its tenants hand-picked to ensure that everyday shopping is as easy and accessible as possible, shoppers can do electronic banking at the Nedbank ATM and absa ATM, courier a package at Postnet, get a makeover at Modhair'N or Skin PHD or have their eyes tested at Neovision Optometrists. Lavender Blue Health Shop and



Oil Science will look after your health and Urban Tails, a vetshop, after the needs of your furry friends. Williams Dry Cleaning and Laundry and Top Stitch will ensure that your attire is in tip-top shape. Hungry? In addition to an array of take-away meals available at Spar, grab a healthy snack at Century Village Biltong and Nuts. Greens Café and Pizzeria offers comfortable spaces for leisurely dining and Akiya Sushi serves delectable authentic Japanese sushi and various Chinese dishes on a takeaway basis. And now that we can

crack a cold one or end the day with a glass of red, Tops will fill up your empty liquor cabinet.

Situated on the corner of Century Avenue and Socrates Way, Century Village is situated opposite Curro Century City, on the Northern side of Century City. It's suitably located and easily accessible to tenants in the nearby offices, as well as residents from the surrounding homes.

Let's celebrate a year of convenient shopping at Century Village!



ABOVE Wildflowers in the Bidouw Valley region, Cederberg, taken on a recent visit. Photos by Helgaard Raubenheimer - PR1004
LEFT Marcia Raymond and Shirley Casteling in front of Exclusive Books. Wednesday's rain did not deter us from our usual 1hour 5km walk round the canal at 6:30 am. Instead we did a few rounds of Canal Walk Shopping Centre and this photo of us was taken at 7pm!
BELOW Bailey - William's new addition to his family. She looks as busy as her human Dad!



ABOVE Women's Day – Presents from Mrs Marion Smit PS105. Thank you for spoiling us!

LET'S PLAY SUDOKU

It's easy to play Sudoku. Simply fill every column, row and 3x3 box so they contain every number between 1 and 9.

Click to open its online version

							5	6
	9				6	4		
		4	7		5			9
	2	3	6					
		8				7		
					7	6	4	
5			1		8	2		
		7	9				1	
9	3							

THANK YOU

I just want to thank all the staff, medical, managerial and especially the Concierge Service and Office for the kindness shown and prompt service by putting everything in front of my door, etc. Wow! what a place to live at. I was alone in my flat for four weeks and never felt deserted. Thank you, and perhaps most of all, was the special love and concern from all my fellow inmates living at Oasis.
 Love you all, Marie Basson
 1003 Palm Royale

BELOW Look at the views! William McMurtrie took these from the roof of Palme d'Or.

