

NEXUS

The latest news and updates from Oasis Luxury Retirement Resort



**THE WORK BEHIND
THE WORK**

From the Manager's Desk



OASIS

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**BUILDING A
STRONGER FINANCIAL
FUTURE FOR OASIS**

From the Board

by The Oasis Team

Keeping cosy without the cost

PRACTICAL TIPS TO MAKE EVERY KILOWATT COUNT



As winter settles in and temperatures continue to drop, electricity consumption naturally increases.

Many would agree that our winters seem to be getting colder each year, resulting in a greater reliance on heaters, electric blankets, tumble dryers, hot water and longer hours of lighting to keep our homes comfortable.

It is also around this time of year that many residents are surprised by the noticeable increase in their monthly electricity accounts. Quite understandably, questions

are sometimes raised as to whether there may be a fault with the electricity meter or whether an error occurred during the meter reading process – a process that has served the Resort well.

While electricity meters are currently read manually each month, generally around the 15th of the month, these readings are carefully checked, and errors are uncommon. In the vast majority of cases, higher winter electricity accounts simply reflect increased household electricity consumption during the colder months.

Another factor to bear in mind is

the way that electricity tariffs are structured. The first 600 kWh of electricity consumed each month is charged at the standard tariff. Once consumption exceeds this threshold, every additional unit is charged at a higher rate. It often takes only a few extra hours of heater use, longer showers or more frequent use of appliances such as tumble dryers to move into the higher tariff band, resulting in a noticeable increase in your monthly electricity account.

Keeping an eye on your consumption, particularly during winter, can therefore make a meaningful difference to your household budget.



UNDERSTANDING WHERE ELECTRICITY IS USED

Many of us underestimate just how much electricity certain household appliances consume. In most homes, the largest contributors to electricity usage are those appliances that generate heat.

Electric geysers are typically the biggest consumers of electricity, particularly if they remain switched on throughout the day or are set at unnecessarily high temperatures. Heating water accounts for a significant portion of most household electricity accounts. Portable heaters, underfloor heating, heated towel rails and electric blankets also

contribute substantially during winter, especially when left running for extended periods. Tumble dryers, kettles, ovens, stoves and irons all draw large amounts of electricity while in use, and even seemingly small habits - such as leaving lights on unnecessarily or appliances on standby - can gradually add to overall consumption.

While each individual appliance may not appear to make a significant difference, the combined effect over the course of a month can have a noticeable impact on your electricity account.

SIMPLE WAYS TO REDUCE YOUR ELECTRICITY COST

The good news is that **a few small changes** in our daily routines **can make a meaningful difference** without sacrificing comfort.

MANAGING YOUR GEYSER

For residents whose apartments are fitted with individual electric geysers, careful management of geyser operating times can produce some of the most significant electricity savings. Many households leave their geysers switched on continuously, even when hot water is not required. By switching the geyser on only when needed, or by using a timer where appropriate, considerable savings can often be achieved. Ensuring that the thermostat is correctly set and that the geyser is well insulated can also reduce unnecessary electricity consumption.

- **Switch off lights** when leaving a room.
- **Replace older light bulbs** with energy-efficient LED globes.
- **Wear warmer clothing** or use an extra blanket before increasing the thermostat on a heater.
- **Heat only the room you are using** rather than the entire apartment.
- **Switch heaters and electric blankets off** once a room or bed has warmed sufficiently.
- Run washing machines and dishwashers only when they are carrying full loads.
- **Make use of clothes drying racks** whenever weather permits instead of using a tumble dryer.
- **Boil only the amount of water you need** in the kettle.
- **Switch appliances off at the wall** rather than leaving them on standby.
- **Check that refrigerator and freezer doors seal** properly and are not left open longer than necessary.

EVERY HOUSEHOLD IS DIFFERENT

It is important to remember that no two households consume electricity in exactly the same way. The size of the apartment, the number of occupants, daily routines, appliance usage and the amount of time spent at home all influence monthly electricity consumption.

Comparing one household's account with another is therefore not always meaningful. The most useful comparison is often your own consumption over time, as this can help identify changes in usage patterns and opportunities to reduce costs.

WE'RE HERE TO HELP
If you have concerns about your electricity consumption or believe your account appears unusually high, please don't hesitate to contact the Administration Office. We are always happy to assist by discussing your concerns, reviewing your meter readings and helping you better understand your electricity usage where possible.

IT'S OKAY
to ASK
FOR HELP

Sometimes a simple conversation can identify a reason for increased consumption or provide practical suggestions that make a real difference.



EVERY SMALL CHANGE COUNTS

Saving electricity doesn't require major lifestyle changes. Often, it is the small habits we develop each day that have the greatest impact over time.

By being mindful of how and when we use electricity, we can all reduce our household costs while contributing to a more sustainable future. Every light switched off, every heater used wisely and every geyser managed efficiently helps to make a difference.

As we settle into another Cape winter, a little extra awareness today could make a noticeable difference to your next electricity account.



"Your electricity meter never sleeps – but some of your appliances should."

But, seriously...

FROM THE BOARD

Building a Stronger Financial Future for Oasis

One of ORPOA Board's most important responsibilities is to ensure that Oasis remains financially strong. Every decision we make must balance the needs of maintaining our beautiful resort, protecting property values, and ensuring that the levies members pay are used responsibly and transparently.

Over the past year, we have undertaken one of the most comprehensive reviews of ORPOA's financial management in many years. Working closely with our management team and our new managing agents, Intersect, we have carefully examined our budgets, historical levy allocations, reserves, and financial controls. This has provided us with a far clearer understanding of where improvements were needed and how we can build a more sustainable financial model for the future.

Through careful management, operating expenses in the current financial year have come in significantly below budget. These savings have not been achieved by reducing services or postponing maintenance, but through improved operational efficiency, better procurement practices, renegotiated supplier contracts, and a continued focus on controlling costs wherever possible.

The result is a well-managed budget that delivers the same level of service while spending less than originally anticipated.



Importantly, these savings have allowed us to strengthen our Maintenance, Repair and Replacement Fund provision. rather than relying on short-term financial gains to reduce levies, we are building reserves that will fund future maintenance and infrastructure projects. This approach reduces the likelihood of unexpected special levies while ensuring that Oasis continues to be maintained to the standard our community expects.

One of the most significant outcomes of this financial review has been improving the way our income is managed.

Historically, certain non-operational income (such as interest earned on reserves) was used to subsidise the annual operating budget. While this reduced levies in the short term, it also meant relying on income that could vary from year to year.

Going forward, operational expenses are funded by operational income, while interest earned will be directed into the Maintenance, Repair and Replacement Fund it can support long-term capital investment. This creates a clearer, more transparent budgeting process and aligns with sound financial governance.

We have also completed a detailed review of the way ORPOA levies are allocated between the various Bodies Corporate. Over time, historical allocation methods had drifted away from the proportional principles contained within our Memorandum of Incorporation and the Sectional Titles Schemes Management Act. The revised methodology ensures that levy contributions are now based on the approved operating budget and apportioned fairly according to the relative sizes of habitable and non-habitable areas. While this may result in different impacts across schemes, it provides a fairer and more transparent basis for the future.

Another important contributor to ORPOA's financial sustainability continues to be Oasis Power. What began as an initiative to improve energy resilience has evolved into a significant long-term financial benefit for our community. Oasis Power subsidises the full cost electricity of the Oasis precinct excluding the six Body Corporate buildings. The subsidy is valued in excess of R2 million per annum. In the 2025-2026 financial year Oasis Power transferred R1.25 million to ORPOA and in the present year a further R750 thousand to total the R2 million for diesel fuel cost paid OASIS from reserves during the dark days of load shedding (you will remember the promise that was made when promoting the Lighting up Oasis Project).

Looking ahead, Oasis Power will continue investing in technologies such as smart metering, renewable energy integration, and other efficiency improvements, all without placing additional financial burdens on members.

As a Board, we recognise that levy increases are never welcomed. However, it is equally important that levies accurately reflect the real cost of operating and maintaining a complex residential resort such as Oasis.

Delaying necessary expenditure or underfunding maintenance simply transfers today's costs into tomorrow's problems. Our objective is to avoid that outcome by managing finances responsibly and planning well ahead. Ultimately, every financial decision comes back to one simple goal: protecting and enhancing the value of Oasis.

A financially secure association is able to maintain its infrastructure, invest in improvements, respond to unexpected challenges, and preserve the quality of life that makes Oasis such a special place to live. The work undertaken over the past year has laid a much stronger financial foundation upon which future Boards can continue to build.

On behalf of the Board, I would like to thank our members for their continued support and engagement. We remain committed to open communication, sound governance, and responsible stewardship of the resources entrusted to us. Together, we are ensuring that Oasis remains a community we can all be proud of today and for generations to come.

TOM KNIGHT | CHAIRMAN

**On behalf of the
ORPOA Board of Directors**





The secret to budgeting is that it needs to be honest. Not what you think it should be or wish it could be, but what it really is.

Lisa Conway-Hughes

FROM THE MANAGER'S DESK

BY SHARON LOYNES

AGM



As preparations gather pace for the ORPOA and Body Corporate Annual General Meetings, which will take place during the last week of July, much of the work behind the scenes is focused on finalising reports, reviewing the past financial year and preparing for the year ahead. The AGM season is an important part of the governance calendar, providing members with the opportunity to reflect on the year's performance, consider the proposed budgets and participate in decisions that will help shape the future of our community. With this in mind, I thought it would be worthwhile sharing a little insight into one aspect of Resort management that residents do not often see - the planning, collaboration and countless decisions that underpin the projects and improvements experienced across Oasis.

BUDGETS

PRIORITIES

PLANNING

COMMUNITY
MANAGEMENT

COLLABORATION

The Work Behind The Work

One of the things I continue to appreciate is how many moving parts there are behind what residents experience every day. A door opens automatically, the gardens are lush and inviting, the pool is warm, the Clubhouse hums with activity and offers a warm welcome - but each of these represents months of planning, budgeting, maintenance and teamwork taking place quietly behind the scenes.

Good community management is often measured not by the projects residents see, but by the planning, collaboration and countless decisions they never need to think about. It is this quiet work that allows Oasis to continue operating smoothly every day and ensures we remain focused on creating an environment where residents feel cared for, safe and proud to call home.

As we move through the new financial year at Oasis, with the first quarter already behind us, I am reminded just how quickly time seems to pass. While our focus over the past few months has been on implementing this year's planned maintenance and capital projects, much of this work actually began late in 2025 before it appeared in the budget.

The planning process starts as early as September, when our teams begin identifying maintenance priorities investigating solutions to emerging challenges and assessing projects that will protect and enhance the Resort for years to come. Over the following months we meet with contractors and service providers, review service level agreements, test pricing against the market and carefully evaluate whether we are receiving the right service at the right price.

Resident feedback also plays an invaluable role in this process. Many of the suggestions we receive help inform future planning and are carefully considered alongside operational requirements, available budgets and the priorities established through the Resort's governance processes. While they may not always be implemented in the same financial year, they often contribute to future initiatives that enhance resident wellbeing, strengthen our social environment or improve the Resort's infrastructure.

It also highlights an aspect of Resort management that is not always visible. Residents occasionally comment on the size of the Oasis team or wonder how so many people keep themselves occupied throughout the year. The reality is that every team member has a specific role to play in the ongoing planning, maintenance, administration and day-to-day operation of the Resort. From caring for our gardens and facilities, coordinating projects and contractors, supporting residents and managing compliance, to ensuring that the countless operational details are attended to each day, every role contributes to keeping Oasis operating to the standard our community has come to expect.

By January, proposed projects, preventative maintenance programmes and operational costs receive a final review before being incorporated into the draft budgets. These are then considered by the Trustees and Directors, who review, refine and endorse them in principle before they are presented to members at the respective Annual General Meetings for approval. Once endorsed, the focus shifts to implementation. Plans are refined, priorities confirmed, contractors scheduled and projects begin taking shape, ensuring they deliver practical, long-term value for both our residents and the Resort.

Managing a community the size and complexity of Oasis means there is rarely a quiet season. Every day brings engagement with residents, meetings with contractors and service providers, maintenance planning, problem-solving and, increasingly, adapting to changing technology and evolving expectations. We live in a world where everything seems to move faster than ever before. While technology has made many things easier, it has also created an expectation that everything happens instantly. One of the greatest challenges of modern management is balancing the need to respond promptly with the responsibility to make thoughtful, well-considered decisions.

Despite the pace, our commitment remains unchanged. Every project, every maintenance task and every decision is guided by a simple objective: to create an environment where residents feel safe, cared for and proud to call Oasis home.

The work behind the work may seldom be visible, but it is what enables Oasis to continue evolving thoughtfully, balancing today's needs with tomorrow's opportunities while preserving the quality of life and strong sense of community that make this Resort such a special place to call home.

Hope to see you at the AGM

Sharon Loynes

OBJECTIVES

OPPORTUNITIES

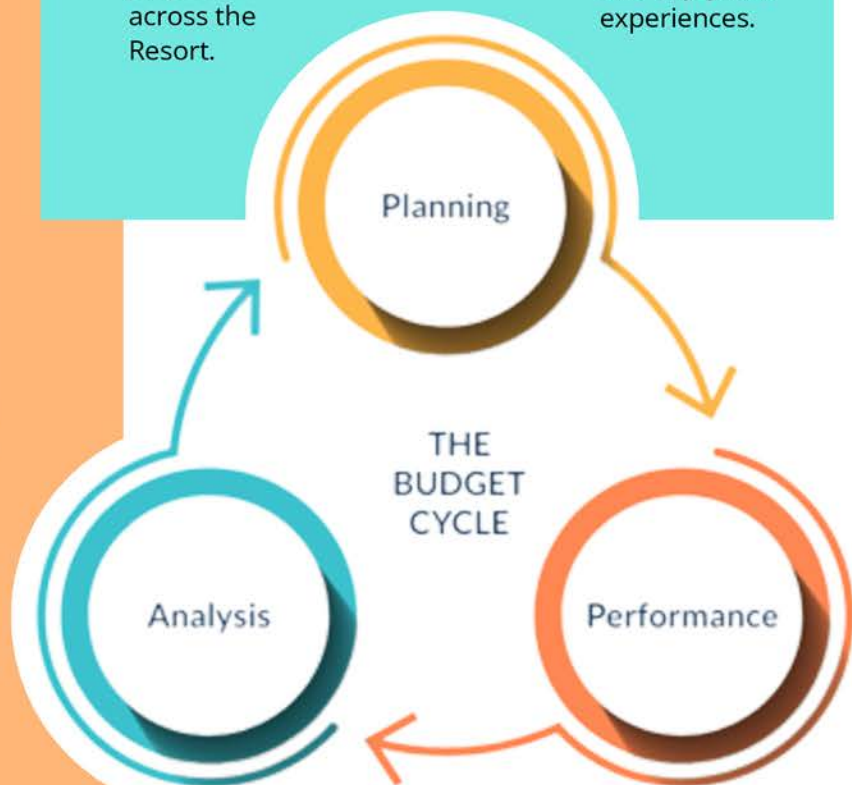
EVOLUTION

Remember to Stay Connected – Your Oasis Information Portal

As the Oasis Information Portal continues to grow, more day-to-day information is now being shared on the Portal rather than in Nexus, allowing updates to be published as they happen.

Be sure to visit the Portal regularly for:

- **Maintenance Updates** (under Maintenance Services) – progress reports on maintenance and improvement projects across the Resort.
- **What's Up Oasis** (under The Oasis Club) – the latest news on upcoming events, activities and community happenings.
- **Creative Wellbeing** (under The Oasis Club) – details of our new monthly Creative Wellbeing sessions, offering opportunities to connect, create and enjoy new experiences.



A very happy July to all our residents – wrap up warmly ☺



JAMES BOND 007

CASINO ROYALE EVENING

The Dining room at Oasis was transformed into a glamorous Casino Royale setting, where residents stepped into the world of James Bond for just one night! The venue shimmered with black and gold decor, evoking sophistication and intrigue, while the atmosphere buzzed with anticipation as they were welcomed with a glass of Bubbly. Some Guests tested their luck at the tables with rounds of Texas Hold 'Em Poker and Blackjack, bringing the excitement of Monte Carlo alive! The games were friendly yet competitive, adding a spark of adrenaline to the evening. A live performance by Gordon Rocker set the tone with some Bond-inspired classics and other well-known favourites, leading seamlessly into a night of dancing. The entertainment captured the essence of 007's world- elegant, daring, and full of fun! The culinary experience was as refined as Bond himself - *Starter:* The Man with the Golden Spear - Asparagus & Tarragon Broth with Mini Brioche Loaves. *Main:* Gold Finger Tumeric Baked Kingklip with a Coconut and Ginger Sauce with Baby Potatoes, or Double-O Chops - 3 Lamb Cutlets with Chimmichurri Sauce and Frites. *Dessert:* Licensed to Chill Tiramisu Brownie-tini paired with a Cigar and silky Espresso Gelato - a finale worthy of Bond's indulgent lifestyle.

The evening was a perfect blend of elegance, fun, and sophistication.







JAMES BOND 007
DINNER 2026 !





News from the Sales Office

WITH REGARDS FROM CINDY SHEARD & DIANNE PENTZ

The resales market at the Oasis Retirement Resort remains active, with **4 apartments listed for sale** at time of submitting this article after we had recently concluded **2 sales in 2 weeks** with one unit that was sold at full asking price soon after it was listed. We continue receiving numerous enquiries from prospective purchasers, reflecting the ongoing demand for quality apartments within our resort. Our social media posts attract much attention and new clients.

Higher-priced apartments generally take longer to sell, as the pool of buyers at the upper end of the market is naturally smaller.

While it is certainly currently a seller's market, we encourage owners to price their apartments realistically. Buyers still have a limit to what they are prepared to pay and most have a keen sense of value and knowledge about comparative prices. Overpricing can result in a property remaining on the market for an extended period. A long time on the market means more loss of opportunity cost. Apartments that are correctly priced attract immediate interest, receive offers quickly, and are far more likely to achieve a successful sale.

A well-presented apartment also makes a significant difference. We encourage sellers to ensure their apartment is clean, neat, tidy, and well maintained before marketing begins. If the apartment is vacant, it should be thoroughly cleaned and presented in a welcoming condition. Defects or issues that a purchaser should be aware of should be disclosed from the outset. Transparency builds trust and can prevent unnecessary delays during the sales process.

If you are considering selling your apartment, our sales office would be happy to provide a current market assessment and to discuss the best pricing strategy to maximise your chances of a successful sale.



WELCOME TO THE FOLLOWING NEW OWNERS AND TENANTS:

- **Stephen Dyason** - New Owner of Palm Springs 905
- **Mr & Mrs Roodbol** - New Owners of Palm Springs 304
- **Mr Anthony Van Malsen** - New Owner of Palm Springs 608
- **Mrs De Beer** is the New Tenant in Palm Grove 505

Farewell to Linda Butler

It is with mixed emotions that we announce the retirement of Linda Butler, who has been a valued member of the Oasis Apartment Sales team for many years.

Linda became ill earlier this year and has since been undergoing treatment. We are delighted to share that she is making excellent progress and is well on the road to a full recovery. Following this experience, Linda has decided it is the right time to retire so that she can spend more precious time with her family, especially her grandchildren. Knowing Linda, it won't be long before she is back on the golf course and enjoying a game of tennis as well.

Throughout her years with Oasis Apartment Sales, Linda made an enormous contribution to both our sales and rental departments.

Her professionalism, dedication, patience and genuine care for every client earned her the respect and affection of colleagues and residents alike. Many of the clients Linda assisted over the years became lasting friends, a true reflection of the person she is.

Linda, thank you for your years of loyal service, your unwavering commitment, and the kindness you showed to everyone you met. Your contribution to Oasis Retirement Resort has been immeasurable, and your presence will be greatly missed.

We are currently in the process of appointing a new member to join our sales office team and look forward to introducing her to you soon.

Regards
Cindy Sheard and Dianne Pentz



Best Wishes

We wish Linda good health, much happiness, and many wonderful years making memories with her family. Linda will always be part of the Oasis family.

"Carpe Diem"

Care Centre & Primary Health Care Corner

BY LIZZIE BRYNARD-BRILL
& THE OASIS CARE CENTRE TEAM

It might be cold outside but at the Oasis Care Centre we are keeping warm by being busy... and no, it is never too cold for our residents to enjoy their ice cream!

Being out and about irrespective of the weather is part of what we believe in at Oasis Care Centre, "Carpe Diem" – and seizing the day is exactly what our residents are doing.



MONDAYS after shopping we head out for ice cream at the beach come rain or shine! The offer for some hot coffee instead of ice cream is always politely but firmly declined.



WEDNESDAYS are quiz days during which the red and blue teams battle it out over 100 questions to establish whose general knowledge outshines the others without having google at their fingertips. It is mostly a group effort, for one might remember a part of the answer while their teammate remembers the other part – they say teamwork makes dreamwork! Our residents' general knowledge is truly astonishing dealing with questions from "Attempting to turn metals into gold is called what?" to "What Greek philosopher was a tutor to Alexander the Great?"



On **TUESDAYS**, our residents go where the bus takes them which is usually a lovely coffee shop with an array of delectable cakes.



On **THURSDAYS** things heat up even more– to such an extent that we must switch the fireplace off. This is when we have either Peter Wyness getting everyone up and dancing with his amazing selection of songs, or another performer. And yes, everyone dances as though no one is watching!





In between everything else, the therapy dogs visit, art therapy classes take place, baking sessions and flower arranging are facilitated and seriously competitive Rummikub matches take place.



On **Fridays** we tone things down with shopping and bingo, while preparing for a weekend with friends and for family visits.



If you listen carefully, you will also hear the sound of knitting needles at work. We are so proud of a group of about 8 ladies who knit nonstop to provide blankets and beanies for "Mothers who Care" to distribute amongst children in need. We have family members and ex colleagues such as SR Priem who also contribute by knitting and crocheting for this wonderful outreach effort. The self-appointed 'CEO' of this activity is Mrs Dorothy Coulson. Not only does she coordinate the knitting team but having lived at the Oasis Care Centre since 2009 she is truly deemed to be our matriarch.



Knitting takes place every Wednesday morning from 11am to 12pm and everyone, including Oasis Apartments residents, are welcome to join the ladies in providing warmth for the less fortunate children throughout the winter. And for those who come along (hot) tea is on the house!



For Further Information please contact:

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Serving You, Securing You

BY ANDRE VAN WYK



Every now and then, you come across a sign that makes you smile

Recently, I came across an old refuse bin with the words **"GEEN WARM AS"** embossed on its lid, which translates to **"NO HOT ASH"**.



Now, I know that warning isn't uniquely South African. Refuse bins around the world are undoubtedly subjected to the occasional over-enthusiastic fireplace clean-out. But for many of us, seeing those words immediately brings something distinctly South African to mind - the braai!

For generations, South Africans have gathered around fires to share meals, celebrate milestones, solve the world's problems, and enjoy the company of family and friends. The braai remains one of those traditions that has survived changing times, changing technology, and changing lifestyles. It remains one of those traditions that has endured, even as so much else around us has changed.



And that got me thinking about Oasis.

Technology has changed. Security systems have become smarter. Access control is more sophisticated than ever before. Yet, the culture of Oasis has remained remarkably consistent. It is still a community built on mutual respect, neighbourliness, and a shared commitment to maintaining an environment that is safe, attractive, and enjoyable for everyone.

That commitment becomes particularly important when residents undertake maintenance, renovations, or improvement projects within their homes.

From time to time, contractors, artisans, and service providers are engaged to carry out work ranging from carpentry and cabinetry to plumbing, painting, and general repairs. Residents are reminded that Oasis does not provide designated work areas within the common property for these activities. Consequently, all work should be confined to the residents' apartments and exclusive use areas, with care taken to ensure that tools, materials, waste, and equipment do not encroach on common areas and that safety precautions are adhered to.

Beyond the obvious practical considerations, this helps maintain the appearance of the estate and reduces unnecessary safety risks for residents, visitors, and workers alike. Good security is not only about gates, cameras, and patrols; it is also about maintaining orderly, well-managed spaces where unusual activity is more easily identified.

**Women's
Day**

August also brings National Women's Day, providing an opportunity to recognise the remarkable women who have helped shape our families, communities, and country.

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."
- Margaret Mead

Many of the women of Oasis have spent decades building careers, raising families, supporting communities, and serving as pillars of strength through times of both challenge and change. Their resilience, wisdom, and leadership continue to enrich life within our estate.

Security technology remains an important part of estate living, but there is no substitute for a community where people genuinely care for one another.

So, while a simple **"NO HOT ASH"** sign may remind us of a uniquely South African pastime, it also serves as a reminder that some things are worth preserving.

At Oasis, those things include community, consideration, neighbourliness, and our shared commitment to keeping this wonderful estate safe, secure, and welcoming for all.

Take Care and Be Safe.
Andre Van Wyk

GEEN WARM AS



FATHER'S DAY LUNCH 2026

A colourful Father's Day Celebration

The Dining room was transformed into a playful studio of creativity, with paint tins doubling as vases and paint brushes arranged artfully across the tables. The décor was bold, cheerful, and full of personality — a nod to the joy of self-expression and the vibrant lives of the Fathers being celebrated. Residents and their Guests were treated to a gourmet lunch of Lamb Shank cooked in Red Wine and Herbs, slow-braised until tender, offering rich, comforting flavours or Crispy Honey and Soy Pork Belly with its irresistible crackling and sweet-savoury glaze. For dessert, a refreshing Key Lime Pie topped with Blackberry Coulis and served with a Lime and Litchi Sorbet, balancing tart and sweet in every bite. The lunch was more than a meal — it was a celebration of family, creativity, and community. The colourful table settings sparked conversation and laughter, while the menu elevated the occasion into something truly memorable. Fathers were honoured with a special gift of a miniature Amarula and Ferrero Rocher Chocolate as a take-home gift. What a memorable afternoon!

Happy Father's Day







Happy Father's Day





Thank you

Dear June, Lynn and Sharon

This evening was a treat! From the decor to the food and the singing, it was a joy. I of course made a mess up with the table and we were two people extra but Nobuntu, Lucky and Anita, sorted it without the slightest sweat. The tables with the glasses and flowers in the water, and balloons floating on the ceiling, were a joy to behold. The singer, Lynelle and her accompanist were simply wonderful. What a sweet lady. I am a groupie of hers as I heard her at the Greyton festival two weekends ago. She said she would come whenever we ask her. The food was flawless. Everyone enjoyed the fillet, it was tender and delish. A wonderful evening for which I owe you many thanks. It got me through the sad part of saying farewell to my granddaughter who is going back to USA tomorrow. A big thank you to all the staff too for a very successful evening.

Regards

From Hilary Ginsberg



Hi Sharon and Malikah,
I bought apartment 801 Palme d'Or 1.5 years ago and just wanted to let you know that Suzie has been so helpful with so many different requests. Her follow through and assistance has really made a huge difference to my parents move to Oasis. We need more people like Suzie!
Regards
Warren Kushner



Congratulations Lynn
The new format for the Nexus online looks very good indeed.
Kind Regards
Liz Porter



RESIDENTS MESSAGES

Good morning
Please thank Lynn and June and all the lovely staff for a FANTASTIC Father's Day - it was absolutely excellent.. Our friends very much appreciated
Susan



Hi Lynn,
Trust that you and your wonderful staff are well rested after the exceptional event you arranged for us! As part of my previous employment, prior to retiring, I was fortunate in that I ate many different meals in many different places and without a doubt, your food is better and more tasty than the best!
We don't know where you get your recipes, but they are EXCEPTIONAL !!!
In addition, the staff were as always exceptionally good and the table decorations and gifts were amazing!
Cannot wait for the next "special occasion meal".
Once again our sincere thanks for a job done extremely well!
Warm regards
Mike Lynette & Craig



Dear Lyn and June,
A big thank you for again organizing such a wonderful Winter Market here at Oasis. It was a real community highlight, the largest turnout ever. The stalls were interesting and varied, the food was absolutely delicious and having a musician to set the mood made it feel like a true winter celebration. Events like this bring us all together and make Oasis such a warm place to live. Thank you both as well as all the staff for your time, effort and heart in making it happen.
Well done all.
Warm regards, Joan Ross.

Thank you



THANK YOU

a pinch of salt

BY LYNN MACDONALD

"A pinch of salt."

It's a phrase we've all heard countless times and chatting to Siegi in the Clubhouse the other day reminded me why I chose to call my articles A Pinch of Salt. So, thank you Siegi for being my inspiration 😊

In recipes, it means just enough to enhance the flavour without overpowering the dish. In life, it reminds us not to take everything too seriously.

Perhaps that's why it's such a fitting expression for the kitchen and for working at Oasis – a place where food, friendship and laughter are mixed.

Interestingly, salt has been one of the world's most treasured ingredients for thousands of years. Long before refrigerators existed, it was used to preserve food and was so valuable that it was even traded as currency in some parts of the world. Today it sits quietly in a small shaker on our tables, often overlooked, yet it remains one of the most important ingredients in cooking.

A good cook knows that salt isn't there to make food taste salty. Instead, it wakes up the natural flavours already hiding in the ingredients. A tomato tastes more like a tomato. Chocolate becomes richer. Bread develops character. Soups become comforting, and vegetables suddenly spring to life.

Every kitchen has its own little secrets too. Some swear by adding a pinch of salt to coffee to reduce bitterness. Others sprinkle it into sweet desserts to make the flavours pop.

Grandmothers often have their own treasured tricks that never appear in cookbooks but somehow always produce the best meals.

Here at Oasis, our kitchen is filled with those special moments every day. Fresh bread baking, soup bubbling away, cakes cooling on the counter and meals prepared with care - it all helps create a place where food brings people together.

Behind every plate is a team that understands that cooking is about far more than ingredients. It's about comfort, memories and making someone smile.

Of course, if kitchens could talk, they'd have some wonderful tales to tell. From forgotten recipes and culinary triumphs to the occasional "experimental" dish that should never see the light of day again, every kitchen has its stories.

But perhaps nowhere are stories more entertaining than in retirement communities.



After all, when you gather decades of life experience, quick wit, and a healthy sense of humour under one roof, you're guaranteed some unforgettable moments. Residents around the world have a remarkable knack for delivering one-liners, practical jokes and observations that leave staff laughing long after the moment has passed. So, in the spirit of taking life "with a pinch of salt", here are a few heartwarming and humorous stories from retirement homes around the globe that prove growing older doesn't mean losing your sense of fun—it often means perfecting it.

OOPS....

When my parents hosted my youngest sister's engagement party, they did so in one of the common rooms at the retirement complex where they lived.

After the dinner, some of us were chatting in the hall when we heard a soft, insistent beeping, almost immediately followed by a nurse and two Certified Nursing Assistants racing down the hall towards the restroom across from us. Once the shouting and the tumult died, my oldest sister exited with a very sheepish look on her face.

Turns out each bathroom stall was equipped with an alarm cord in case someone fainted or became ill while on the loo. She had accidentally tucked it into the back of her pantyhose and then started to walk away. She still hasn't lived that down.



At the Spring Valley Retirement Center weekly organ recital.

ONE FOR THE MONEY

An 80-year-old woman was getting married for the fourth time. When the newspapers heard about it they sent out a reporter to interview her. The reporter asked, "So tell me about your other husbands."

She said, "Well, the first one was a banker, a financier, he made tons of money. The second was a musician, a member of a very famous band back in the '60s. We toured all over the world. The third was a minister. We had a little church back east."

"And the man you're marrying today?" the reporter asked.

"Well, he is a mortician. He owns a funeral parlour over on Sixth Street."

"Can you explain how you came to marry four such totally different men?" the reporter asked.

"Oh, that's easy. One's for the money, two's for the show, three's to get ready, and four's to go."

PEER PRESSURE

A reporter interviewed a 104-year-old woman and asked, "What's the best thing about living to 104?" She responded, "No peer pressure!"

SPEEDING TICKET

Did you hear about the 83-year-old lady who talked her way out of a speeding ticket by telling the officer she had to get there before she forgot where she was going and why?

So, the next time you reach for the salt, pause for a moment. Remember that sometimes it's the smallest ingredient that makes the biggest difference. Whether it's a pinch of seasoning, a shared meal with friends or a cheerful conversation over lunch, life's simple touches are often the ones we remember most. After all, every great recipe – and every great day – can be made just a little better with the right pinch of salt.

"Wisdom lies in taking everything with good humor and a grain of salt."



TIMELESS CLASSICS

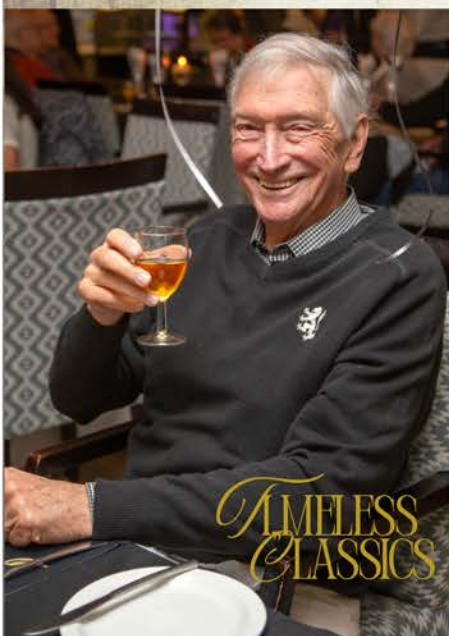
An Elegant Evening of Timeless Classics

Picture this: an evening where elegance meets nostalgia, set against a backdrop of shimmering black-and-white décor. Candles flicker gently, casting warm glows across tables adorned with music notes and balloons, while a live performance by Opera Singer, Lynelle Kenned accompanied by Stefan Lombard, filled the air with timeless classics that made toes tap and hearts hum!

Guests were treated not just to melodies, but to a culinary journey. The first act of the dinner was a Spinach & Cauliflower Soup followed by Black Pepper Crusted Beef Fillet with a rich Portobello Mushroom Jus or Crumbed Chicken Kyiv complimented by a delicate Leek sauce. And for the grand finale, a show-stopping Black Forest Pavlova crowned with Sour Cherry Jam and Amarena Cherry Gelato - a dessert as dramatic as the music itself!

It was the kind of evening where laughter mingled with song, where every bite and every note felt like a celebration of life's sweetest moments. A perfect harmony of food, décor, and music - timeless classics reimagined for a night to remember.









Oasis Sparks

General Meeting

GENERAL MEETINGS, usually the earliest in each month are the ones that, depending on the speaker and topic, usually draw really good audiences in the Function room. So of course, with popular resident, singing group member, Norman Faull, as the speaker of the month – we had a great audience. Norman is a highly qualified Emeritus Professor of Operations Management at UCT's Graduate School of business having studied at Stellies, UCT and UK. He is the founder and chairman of the LEAN Institute Africa (LIA) and he explained how it promoted and taught students and business persons how to develop one's thinking and effective use in improving competitiveness in various industries- i.e. Creating Thinking People.

Whot

This Month's Whot discussion was very special in that we had the pleasure of having the Wilson's granddaughter Clare joining, as well as educating us. The topic of the day was "*A tale of Two Straits*" - those being Hormuz and Taiwan. It so happens that in her legal work, Clare had specialised in the territorial legalities of the Oceans and was able to clarify us regarding the rights of Iran and China. Clare also went on to tell us about the legalities that apply to space and space exploration – all of which enabled the discussion to become a very lively, enjoyable and instructional one.

Travel Tales

To get to the Waterfall Lounge on Thursday 18th June we felt as though we were being blown there by what seemed like gale force winds. As usual Maria had prepared for the meeting a fairly detailed history of the country which led her to mention that the Spanish Explorers from 1492 onwards must have experienced equally similar and therefore hazardous winds. However, a number of those at the talk had been to Spain and the lively conversation made for a comfortable, warm and interesting session.



Outings

This month's outing was a lovely drive to Hout Bay harbour and its popular Mariners Wharf restaurant. Planned to leave Oasis early enough to give the residents time to take a walk, browse at some of shops before going to enjoy their lunch.

Our Musical World Singing Group

What would Mondays be without the lively, lovely singing of the interesting choice of songs that Maria selects for us. This month Maria had us really battling to manage the harmonies and the multiple Wimowehs for The Lion Sleeps Tonight, sung by The Tokens in 2013. But this last Monday we had a really enjoyable session of singing the new songs Maria had chosen as well as some of the earlier ones we had saved in our song books

Dancing

Another weekly event is the dancing sessions – first the tapdancing lessons by Carol followed by Helen leading the dancers through different styles of dance. A really enjoyable morning – for the regulars as well as some newcomers who are always welcome.

Music Appreciation

This month we were in for a surprise! Coming to our usual Friday morning session expecting to be given a history and introduction to the music of one of the well-known composers - we did instead have the pleasure of enjoying the music and information on video of Carmen, the opera. Quite a number of residents had been to and enjoyed the recent Artscape production, so for those who had not been, I think Cari felt she should also give us the opportunity to enjoy a this very popular opera. This was much appreciated and enjoyed. During our tea break we are able to enjoy the biscuits provided by the U3A members who come to join us.





Mythbusters!

Exercise and Aging

Exercise Myth :

Trying to Exercise and get healthy is pointless.

Some people in their 70s, 80s, and 90s are out there running marathons and becoming bodybuilders. A lot of the symptoms that we associate with old age, such as weakness and loss of balance, are symptoms of inactivity, not age. If you stay strong and agile as you age, you'll be more able to keep doing the things you enjoy and less likely to need help.

Exercise Myth :

Exercise isn't safe for someone my age.

On the contrary, studies have consistently shown that exercise can reduce your chances of a fall. Exercises that focus on strength, balance and flexibility may be especially helpful in improving balance.

Exercise Myth :

I'm sick, so I shouldn't exercise.

If you have a chronic health problem - such as arthritis, diabetes, or heart disease, exercise is almost certainly a good idea. Check with your doctor first, but exercise will certainly help.

Exercise Myth :

I'm afraid I might have a heart attack.

The many health benefits of exercise far exceed the risk. Being physically inactive is more dangerous than being physically active. That's true for the risk of heart disease and many other conditions.



Exercise Myth :

I never really exercised before - it's too late to make a difference in my health.

It may seem too late to atone for a lifetime of not exercising. Studies have found that even in people in their 80s and 90s living in retirement homes, starting an exercise routine can boost muscle strength. Other research shows that starting exercise late in life can still reduce the risk of health problems, such as diabetes and improve its symptoms. The Biokineticists at Oasis are available to assist you on your exercise journey.

Exercise Myth :

I don't have time.

Experts recommend a minimum of 150 minutes of aerobic exercise a week. That might sound like a lot, but it's only a little over 20 minutes a day. What's more, you don't have to do it all in one chunk. For instance, take a 10-minute walk in the garden in the morning and pedal on a stationary bike for 15 minutes in the evening - you're done.

Exercise Myth :

I can't afford it.

Gym memberships and home gym equipment can be expensive. Still, that's no reason to skip exercising. You can exercise for free. Walking doesn't cost anything, and joining one of the many affordable group classes at Oasis can be of major benefit (some classes are even free of charge). If you want to lift weights at home, use cans of soup or milk jugs filled with sand or water. Use your dining room chair for exercises that improve balance and flexibility. If you have a health problem, medical aid may cover a few sessions with a Biokineticist or Physiotherapist. There are lots of ways to get fit at low or no cost.

****Speak to your healthcare provider, physiotherapist, or Biokineticist for guidance on which exercises are appropriate for you.***



**Grant De Wet****Go-to Pump-up song:**

No specific song, but I love exercising to House music.

Exercise you secretly hate doing:

Running. But I do it anyway because it is so good for me!

Something you wish your clients knew about rehab:

Some days it's fun, some days it's hard, but it is always beneficial.

Pet Peeve:

Being late

Secret talent:

Sketching and painting

**Monique Titus****Go-to Pump-up song:**

"Get me bodied" by Beyonce

Exercise you secretly hate doing:

Bulgarian split squats

Something you wish your clients knew about rehab:

It's not just a workout, it's actually a form of medicine

Pet Peeve: *Standing up at the exact moment that the plane lands.*

Secret talent: *I can sing.*

Happy National Women's Day

9 August

Celebrating the strength, wisdom, and grace of the remarkable women in our community





OASIS WINTER CLOTHING DRIVE

Sharing the Warmth: Winter Clothing Drive Success

We recently hosted a Winter clothing drive for the month of May with a simple but powerful idea: Residents were invited to donate their gently used warm clothing to be distributed at a needy old age home. The response was nothing short of extraordinary - bags upon bags of jackets, scarves, jerseys, other clothing and some blankets poured in.

We chose FG Lowe Village Old Age Home in Hanover Park as our very worthy recipients. Situated in the heart of the Cape Flats and a struggling community, they provide a safe, comfortable and supportive environment for up to 100 Senior Citizens in their Assisted Living and Frail Care Facilities. The home is committed to enhancing the quality of life of its residents by offering compassionate care, accommodation and opportunity for social engagement and recreation.

Through the dedication of its staff, volunteers and supporters, FG Lowe Village continues to make a meaningful difference in the lives of its residents, providing them with a place they can truly call home.

When the donations were delivered, the looks on the faces of the Residents at FG Lowe were unforgettable. Their joy and gratitude made the effort deeply rewarding and really special. It was a beautiful moment of connection, reminding us that kindness and love are gifts that we are never too old to give or receive.

A very big thank you goes out to everyone who contributed. Your generosity has not only provided warmth in the cold season but also reminded us all of the power of community and compassion. Together, we didn't just share clothing – we shared love, dignity, and hope.



*"For I know the plans I have for you,
declares the Lord, plans to prosper you
and not to harm you
plans to give you hope & a future."*
Jeremiah 29:11



WINTER CLOTHING DRIVE



The Importance of Teamwork

By Malikah Johnstone

Many Roles.....
One Team.....
One Resident Experience.

Every resident experience is shaped not only by the staff member they see, but by the many people working together behind the scenes to make each day run smoothly.

Residents often interact with one member of staff at a time, whether it is a waiter serving lunch, a security officer welcoming visitors at the gate, a receptionist assisting at the front desk, or a handyman carrying out repairs. What is not always seen is the teamwork taking place behind the scenes.

The Gardens.....



Security Matters.....



Every day, departments work together to keep Oasis running smoothly. Good teamwork is often found in the small moments: a clear handover, helping a colleague during a busy period, sharing important information, or stepping in when another team needs support.

While these actions may go unnoticed, they play an important role in creating a safe environment, delivering quality service, and ensuring our daily operations run seamlessly.

The Clubhouse.....



At the same time, effective teamwork begins with individual accountability. Whether in a professional relationship, a personal one, or among people working towards a common goal, each individual must first understand the value they bring. In the workplace, every person has a defined role and a standard of performance expected of them. If individuals are unable to consistently fulfil the responsibilities of their own role, teamwork becomes less about collaboration and more about compensating for gaps in performance.



The Kitchen.....



At Oasis, we encourage every employee to understand and achieve the standards expected within their role. Once that foundation has been established, we promote communication, participation and initiative. Initiative is encouraged within the scope of an employee's role, supported by sound judgement and open communication with managers and colleagues. This approach allows employees to contribute confidently while ensuring that the quality of service delivered to our residents remains consistent.

A good example is the relationship between our Administration and Facilities teams. Although they perform very different functions, they regularly support one another. Administration may assist by coordinating communication, preparing documentation or ensuring information reaches the right people promptly, allowing the Facilities team to focus on resolving technical matters. Likewise, Facilities provide the specialist knowledge required to maintain and improve the resort. Each department contributes its own expertise, and together they achieve better outcomes than either could alone.

The Front Desk.....



Although residents may only interact with one member of staff at a time, behind every positive experience is a team of people working together with professionalism, accountability and a shared commitment to service.

We asked a few members of the Oasis team what teamwork means to them:

"To me, teamwork is simply people working together and supporting each other to achieve a common goal."

— Hilary van der Ross

"Teamwork means supporting one another, communicating effectively, and valuing everyone's contribution to maintain consistency."

— Matthew Hendricks

"It's a collaborative effort to achieve a shared objective—and the golden key is communication."

— Rose Boonzaaier

"Teamwork involves understanding one another, communicating effectively, and working together to get the job done right."

— Sharief Amardien

"Teamwork is working together, supporting your colleagues, and being willing to step in, even by covering an extra shift when someone is off sick."

— Zinthulele Mbawuli

"Teamwork is not just about splitting tasks. It's about listening, giving honest feedback, stepping in when someone is overloaded, and celebrating successes together. When it works well, the result is often better than what any one person could have achieved alone, because you're not carrying the load by yourself."

That is the type of environment I have experienced as a learner student at Oasis, and the type of environment I strive to contribute to every day."

— Tove du Plessis

June Work Anniversaries



RECOGNISING DEDICATION AND SERVICE

***Congratulations to all our staff members
celebrating their work anniversaries
during June 2026.***

EMPLOYEE	POSITION	YEARS OF SERVICE
Andile Gudu	Concierge	7 Years
Zuko Cebisa	Concierge	3 Years

***Thank you for your dedication,
commitment and continued contribution
to Oasis Retirement Resort.
We appreciate the role that each of you
plays in making Oasis the community it is
today and wish you many more happy and
successful years with the Oasis family.***

OASIS CHAUFFEUR SERVICES

In the spirit of teamwork, our chauffeur service continues to grow, with an encouraging increase in resident bookings.

We sincerely thank our residents for their continued support and trust in our team. A special thank you goes to our driver, Matthew, and relief driver, Sharief, for the care, professionalism and consideration they bring to every journey. Their commitment helps ensure that each trip is safe, comfortable and enjoyable for our residents.

It has been wonderful to welcome many first-time users of the service, while also seeing returning residents continue to choose our chauffeur service for their outings.

To further enhance the service, residents making a chauffeur booking will be asked to provide their cell phone number and email address. This enables our Front Desk team to confirm bookings and keep residents informed of any changes.

Once a booking has been recorded, residents will receive an email confirming their reservation. As a courtesy, our Front Desk team will also contact residents before their scheduled trip to provide a friendly booking reminder.

For bookings taking place on a Monday, this courtesy reminder will be made on the preceding Friday. The same confirmation process will apply to booking cancellations.

These improvements are intended to provide greater peace of mind, improve communication and help ensure that every chauffeur booking is managed as smoothly and efficiently as possible.

Complimentary Canal Walk Shuttle

Residents who have not yet taken advantage of our complimentary shuttle service to Canal Walk are warmly encouraged to join us on Mondays and Fridays.

The shuttle departs from the Clubhouse at 09h00.

Please speak to the driver regarding return departure times and designated pick-up points.



HOSPITAL
APPOINTMENTS

OUR SERVICES



SHOPPING
TRIPS



SHOWS /
CONCERTS



AIRPORT
TRANSFERS



VEHICLE LICENSE
RENEWALS

Oasis Shuttle Service



MONDAY - FRIDAY
08H00-17H00



R9.00 p/km

- All pricing valid from 1 June 2026 - 31 March 2027
- First 20 minutes free thereafter a charge of R65 p/h
- After hours / Weekends charged at R95 p/h
- Public Holidays charged at R130 p/h

***Let Oasis take the wheel while
you sit back and enjoy the ride.***

YOUR COMFORT - YOUR TIME - YOUR DESTINATION



**COMPLIMENTARY
SHUTTLE
to Canal Walk
on Mondays
& Fridays**

BY APPOINTMENT ONLY



We require 24 hours notice
to ensure availability.
(where possible)



**PHONE FRONT DESK FOR
BOOKINGS AND PRICES
4001 / 4003**

Green Stillness:

The Quiet Beauty of Winter Gardens in the Western Cape

BY RUAN DU PLESSIS

They don't move, speak, or ask for much, but plants bring calm beauty, and quiet joy to any space.

When most people think of gardens, they imagine the vibrant colours and abundance of spring and summer. Yet in the Western Cape, winter reveals a different kind of beauty - one that is subtle, restorative, and deeply rewarding for those who take the time to appreciate it. The Western Cape's Mediterranean climate blesses us with cool, wet winters that breathe new life into our landscapes. After the long, dry summer months, the first rains transform dusty garden beds into rich, living canvases. Lawns regain their lush green colour and foliage appears fresher - the entire garden seems to exhale with relief and the same could be said for us gardeners.



Arcotis

Winter is often regarded as a dormant season, but for gardeners, it is a season of opportunity. The soil is moist and workable, making it the ideal time for planting trees, shrubs, perennials, and many indigenous species. Roots establish themselves vigorously during the cooler months, allowing plants to emerge stronger and more resilient when spring arrives.



Aloe arborescens

One of the most captivating aspects of a Western Cape winter garden is the richness of texture and foliage. Silver-grey leaves glisten with morning dew, ornamental grasses sway gracefully in the wind, and evergreen shrubs provide structure and form when flowers are scarce. Indigenous plants such as aloes begin to bloom, attracting sunbirds whose flashes of colour bring life and movement to the garden.

Winter also showcases some of the Cape's most remarkable natural displays. Across the region, fields and mountainsides begin preparing for the spectacular wildflower season that follows. In our cultivated gardens, species such as Clivia, Arctotis, Kniphofia, Hypoestes and various bulbs offer welcome splashes of colour against the softer winter palette.

Perhaps the greatest gift of the winter garden is the sense of calm it provides. The pace of growth slows, maintenance demands ease, and gardeners have the chance to observe the bones of their landscapes - the structure, balance, and design that underpin the beauty of every successful garden. It is a time for reflection, planning, and preparing for the seasons ahead.



Clivia

At estates, retirement villages, and residential gardens alike, winter presents an opportunity to appreciate beauty beyond flowers alone. The interplay of light on wet leaves, the fragrance of rain-soaked earth, and the sight of healthy green growth after seasonal rains remind us that gardens are living systems, constantly changing and renewing themselves.

As we embrace the cooler months, let us celebrate the unique charm of the Western Cape winter garden. While spring may bring the applause, winter quietly performs the essential work behind the scenes, nurturing the roots, replenishing the soil, and laying the foundation for another season of growth and beauty.

At Oasis, winter is becoming an increasingly exciting season in the landscape. As part of our ongoing commitment to celebrating the natural beauty of the Western Cape, we have recently introduced a number of indigenous fynbos species into the gardens, including Leucadendrons, Leucospermums, Ericas, and the iconic King Protea (*Protea cynaroides*).



Protea cynaroides

These plants not only provide seasonal interest and striking textures but also create valuable habitat for local birdlife and pollinators. Looking ahead, we aim to expand our collection of Aloe species throughout the estate. Their architectural forms and vibrant winter flowers offer colour when many other plants are resting, while attracting sunbirds and adding a distinctly South African character to the landscape. As these plantings mature over the coming years, residents will be able to enjoy an ever-changing display that reflects the beauty and biodiversity of the Cape Floral Kingdom.

As gardeners, we are not only caring for the landscape we see today but also creating the gardens that future residents will enjoy. Every fynbos shrub, aloe, and protea planted this winter is an investment in the beauty, biodiversity, and resilience of Oasis for years to come.

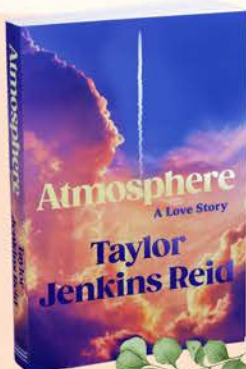
**For those willing to look closely,
winter may be the garden's most
enchanted season of all.**

"You are never alone if you have a good book"

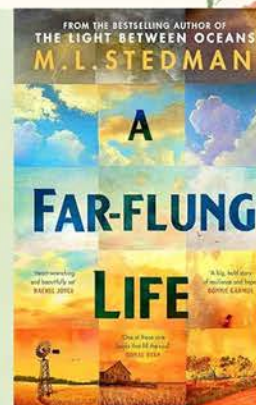
Our thanks go to those residents who, over time, have donated interesting A3 sized books to us.

Unfortunately, we are not able to accommodate those large size books on our shelves but the donors are more than happy for us to accept their donation and put them out on the tables in the lounge for residents to read and enjoy and also often choose to purchase at the low prices indicated. As a result, this past month our little kitty has grown in size so that we have been able to make two separate purchases and bring in four new books.

The first purchase was **ATMOSPHERE by Taylor Jenkins Reid**: a 5-star book, giving the reader a breathtaking experience as they read about astrophysics, space travel and the technical universe that is NASA – as well as a love affair.



And then my eye caught another best seller and bought **A FAR FLUNG LIFE by M L Stedman** - a big bold story of resilience and hope that can completely sweep you away with its wonderful cast of characters.



After buying those, a couple of our other books got sold and - what do we need money for - but to increase our library stock and bring pleasure to our readers. So I was thrilled to find two very popular authors that each had a brand-new book out: **THE WOMAN AND HER STARS by Penny Haw** and **LAND by Maggie O'Farrell**.

Maggie O'Farrell, born in North Ireland and when young, lived in many different parts of the UK, studied literature at Cambridge and as a journalist worked on the art desk of The Independent on Sunday. From the start of her career as a novelist, she has won many awards. Her last book HAMNET not only won the Women's Prize in Fiction in 2020 but was awarded in 2025 for her adapted screen version.



For those that are not aware, **Penny Haw** was born in Pietermaritzburg, studied at Rhodes and KwaZulu Natal universities and then after graduating made a life for herself as a journalist and now as a well-known writer of very enjoyable novels based on true stories. She is now living near Cape Town - so don't be surprised if we do manage to get her to come and give us a talk later in the year.



We trust you will enjoy all the above. We kindly remind you of the following - please remember to mark the return date of the book that you are to bring back to the library.





RESIDENTS PICS



Photos kindly sent by Lyn Allen



Hear the moments that matter most.

If conversations seem softer, television louder, or dinner-table stories harder to follow, it may be time for a professional hearing assessment.

At Cape Hearing Aids, our Audiologist combines advanced hearing technology with personalised care to help you hear naturally, comfortably, and confidently again.

Because the finest things in life — good company, great conversation, and good stories — are meant to be heard properly.

Book your hearing test today and rediscover the joy of hearing clearly.

Life begins
when you
stop saying
“What?”

WHERE TO FIND US?



Every Thursday is Oasis Day

We come visit YOU, in the comfort of your home.



Alternatively:

Ground floor, Colosseum
Luxury Hotel, Century City
(Woolworths centre)



(021) 551 7015

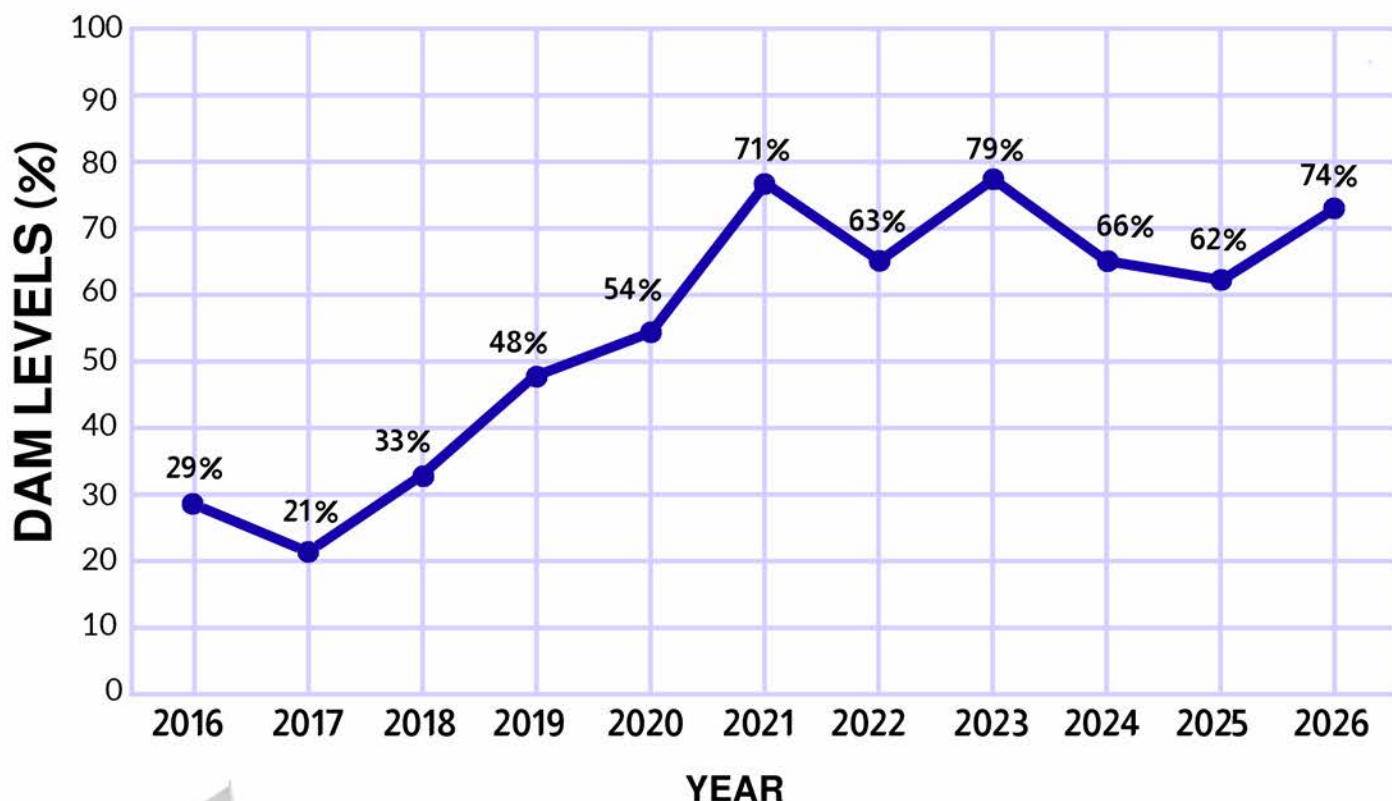
whatsapp 072 607 5633



CAPE HEARING AIDS
AUDIOLOGISTS

Oasis Rainfall Corner

READINGS AND WRITE UP KINDLY PROVIDED BY SIEGI JUHNKE



Cumulative rainfall recorded at Oasis from January to June 2026 was marginally above the long-term average. This positive trend is also reflected in the levels of Cape Town's major water supply dams.

The above graph illustrates the combined storage level of the Cape Town water supply system during June of each year from 2016 to 2026. (*Source: Department of Water and Sanitation*)

From the critically low level of 21% during the height of the drought in 2017, dam storage has recovered to more satisfactory levels. This recovery has been supported by generally adequate rainfall over recent years, albeit with some fluctuations, together with the City of Cape Town's continued focus on responsible water management and conservation.

These developments provide grounds for cautious optimism. I hope to report that these encouraging trends have continued when I present an updated Oasis rainfall chart in approximately two months' time.

The Ins and Outs of a Power of Attorney

Legally Speaking

Use

The scope can be broad or limited, depending on the type of Power of Attorney and the terms outlined in the document. This can take the form of a general power of attorney, which is not limited and allows the agent to act and perform in general on your behalf. On the other hand, you can grant a special power of attorney, which is limited to a specific act or acts.

Types

Should you be unable to physically attend to a particular act, your agent can do so on your behalf. For example, you are selling your home and you would prefer that your children sign the transfer documents on your behalf. This can be through a general or special power of attorney. Your agent can manage your financial affairs on your behalf with the use of a general or special power of attorney. Keep in mind that certain banks do not accept a general power of attorney and might request that you make use of their particular power of attorney that is executed at bank branch.

What is a Power of Attorney?

A power of attorney is a document that grants a trusted person authority to act on your behalf.

Termination

A power of attorney is only valid while you as the grantor are able to freely give instruction. Mental incapacity and death immediately terminate a power of attorney. There is a misconception that you can continue to use a power of attorney once a person has passed away, this is not the case. In this case, the death must be reported to the Master of the High Court and Letters of Executorship issued. The letters of Executorship grant authority to the Executor to act on behalf of the deceased estate. Similarly, should a person no longer have mental capacity due to dementia or any other medical condition which limits mental capacity, a power of attorney is no longer valid and should no longer be used. In this case a curator needs to be appointed by the High Court. Letters of curatorship will allow the curator to act on behalf of the patient.

For more information or legal assistance, please contact STBB's estate department at estates@stbb.co.za or on 021 673 4700.

STBB The Big Small Firm

Creative Wellbeing

Creative Wellbeing Initiative Off to a Wonderful Start

Our new Creative Wellbeing Initiative has officially begun at Oasis Retirement Resort, and what a wonderful first session it was!

Twelve residents joined us for our inaugural creative gathering, where they each designed and made their own beautiful memory wire bracelet using a colourful selection of beads. The room was filled with creativity, laughter, and conversation as everyone enjoyed expressing their individual style while learning a new craft.

Beyond creating something special to take home, the morning provided a wonderful opportunity for residents to connect, make new friends, and enjoy each other's company in a relaxed and welcoming environment.

The session concluded with a delightful morning tea with freshly baked scones, giving everyone the chance to continue chatting and celebrating their creative achievements together. It was delightfully heartwarming to see the enthusiasm and joy shared by all who attended.

These creative wellness mornings will be happening every month from now on and we are already looking forward to our next Creative Wellbeing session, where another exciting hands-on activity awaits. Here's to many more mornings of creativity, connection, and community!

*"Where creativity, friendship and
a good cup of tea come together."*



OASIS

LOVING YOUR RETIREMENT





TRAIN YOUR BRAIN

		7			9		1	4
	5			6		9		
4			1					6
	6					8		9
	8	9				7	6	
2		5					4	
5					3			8
		3		2			5	
7	1		5			6		

Let's play Sudoku



It's easy to play Sudoku. Simply fill every column, row & 3x3 box so they contain every number between 1 and 9.

2	3	6	4	9	5	8	1	7
7	5	1	8	2	6	3	4	9
8	9	4	3	1	7	6	2	5
1	4	3	6	8	9	5	7	2
5	6	7	1	4	2	9	8	3
9	2	8	5	7	3	4	6	1
6	8	5	7	3	1	2	9	4
3	7	9	2	6	4	1	5	8
4	1	2	9	5	8	7	3	6

Sudoku Solution



WINTER CLOTHES

WORD SEARCH

Find the words listed below and circle them.



S	W	E	A	T	S	H	I	R	T	O	X
A	S	K	I	R	C	N	G	A	R	M	B
D	A	N	K	O	A	S	T	I	E	I	O
M	B	S	O	U	R	I	N	N	B	T	O
U	E	O	L	S	F	J	U	C	L	T	T
J	A	C	K	E	T	G	L	O	V	E	S
C	N	K	M	R	F	A	W	A	E	N	T
A	I	S	E	S	Q	U	A	T	S	S	Y
P	E	Q	N	R	S	W	E	A	T	E	R

- SOCKS
- GLOVES
- BEANIE
- RAINCOAT
- SWEATER
- MITTENS
- VEST
- BOOTS
- SCARF
- TROUSERS
- SWEATSHIRT
- JACKET

